



# January



Breakfast/Lunch Menu  
1%, Skim & Choc. Skim Milk Served Daily

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 HAPPY NEW YEAR	2	3 <b>Breakfast</b> — Donut  <b>Lunch</b> — Orange Chicken, Oriental Vegetables, Rice & Pineapples	4 <b>Breakfast</b> — Biscuit & Gravy  <b>Lunch</b> — Baked Potato Bar & Mandarin Oranges	5 <b>Breakfast</b> – Carmel Roll  <b>Lunch</b> — Cheeseburger Soup, Turkey Sandwich & Pears	6 <b>Breakfast</b> — Chocolate Oatmeal Bar  <b>Lunch</b> — Chicken Nuggets, Mashed Potatoes, Gravy & Corn	7
8	9 <b>Breakfast</b> — Yogurt with Granola  <b>Lunch</b> — Pizza, Creamy Cucumbers & Peaches	10 <b>Breakfast</b> — Breakfast on a Stick  <b>Lunch</b> — Grilled Chicken Sandwich, French Fries, Peas & Carrots	11 <b>Breakfast</b> — French Toast Sticks  <b>Lunch</b> — Meatballs, Mashed Potatoes, Gravy, Peas & Fruit	12 <b>Breakfast</b> — Egg Bake  <b>Lunch</b> — Lasagna, Caesar Salad, Breadstick & Fruit	13 <b>Breakfast</b> — Pancakes  <b>Lunch</b> — Chicken Dumpling Soup, Ham Sandwich & Melon Cup	14
15	16 <b>Breakfast</b> — Breakfast Burrito  <b>Lunch</b> — Sloppy Joe, Baked Beans, BLT Pasta Salad & Fruit	17 <b>Breakfast</b> — PB & J Toast  <b>Lunch</b> — Chicken Bacon Ranch Wrap, Chips & Fruit Cocktail	18 <b>Breakfast</b> — Fried Egg Sandwich  <b>Lunch</b> — Spaghetti, Broccoli & Fruit Salad	19 <b>Breakfast</b> – Scrambled Eggs & Sausage  <b>Lunch</b> — Pulled Pork Sandwich, French Fries & Watermelon	20 <b>Breakfast</b> — Omelet  <b>Lunch</b> — Fry Bread Tacos & Grapes	21
22	23 <b>Breakfast</b> — Long John  <b>Lunch</b> — Turkey Melt, Chips, Broccoli Salad & Banana	24 <b>Breakfast</b> — Waffle with Fruit  <b>Lunch</b> — Hamburger Goulash, Roll, Green Beans & Fruit Cup	25 <b>Breakfast</b> — Ham & Cheese Biscuit  <b>Lunch</b> — Pancakes, Scrambled Eggs, Sausage & Fruit	26 <b>Breakfast</b> — Yogurt with Strawberries  <b>Lunch</b> — Chicken Stir Fry, Oriental Coleslaw & Pineapples	27 <b>Breakfast</b> — Egg Benedict  <b>Lunch</b> — Pizza Hotdish, Cheesy Cauliflower & Fruit Medley	28
29	30 <b>Breakfast</b> — Bagel  <b>Lunch</b> — Fajita, Spanish Rice, Refried Beans & Pineapples	31 <b>Breakfast</b> — Cinnamon Roll  <b>Lunch</b> — BBQ or Buffalo Wings, Potato Wedges & Fresh Fruit				