



October 2018

Breakfast/Lunch Menu
 1%, Skim & Choc. Skim Milk Served Daily (K-12)
 Fruit & Vegetable Bar Served Daily (K-12)



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Breakfast— Long John Lunch— Chicken Nuggets, Mashed Potatoes, Gravy & Fruit	2 Breakfast— Granola Cookie Lunch— Crispy Chicken Wrap, Mexican Rice, Refried Beans & Fruit	3 Breakfast— Cheese Omelet Lunch— Corndogs, Baked Beans, Mini Donuts & Fruit	4 Breakfast— French Toast Lunch— (H.S.) Pizza Boat, (Elem.) Bosco Stix, Marinara Sauce, Corn & Fruit	5 Breakfast— Breakfast Pizza Lunch— Cheese Burger, French Fries & Fruit	6
7	8 Breakfast— Waffle Lunch— Pulled Pork, Coleslaw, Tri Tators & Fruit	9 Breakfast— Biscuit & Gravy Lunch— Hard/Soft Shell Taco, Refried Beans, Mexican Rice & Fruit	10 Breakfast— Orange Smoothie Lunch— Spaghetti, Bread Stick, Green Beans & Fruit	11 Breakfast— Muffin Lunch— Roast Pork, Mashed Potatoes, Gravy, Dinner Roll & Fruit	12 Breakfast— Bagel with Cream Cheese Lunch— Chicken Strips, Tator Tots & Fruit	13
14	15 Breakfast— Trix Yogurt Lunch— Tatortot Hotdish, Creamed Corn, Bread & Fruit	16 Breakfast— Carmel Roll Lunch— Chicken Fajitas, Mexican Rice, Refried Beans & Fruit	17 Breakfast— Choc. Chip Loaf Lunch— Chili, Cheese, Fritos, Bread & Fruit	18 NO SCHOOL	19 NO SCHOOL	20
21	22 Breakfast— Scrambled Eggs Lunch— Meatballs, Potatoes, Gravy, Bread & Fruit	23 Breakfast— Apple Strudel Lunch— Walking Taco, Mexican Rice, Refried Beans & Fruit	24 Breakfast— Pancake/Sausage on a Stick Lunch— Chicken Alfredo, Peas, Garlic Toast & Fruit	25 Breakfast— Long John Lunch— Sausage Pizza, Pasta Salad, SunChips, Fruit & Cookie	26 Breakfast— Granola Cookie Lunch— (HS) Sweet & Sour Chicken, Fried Rice, Eggroll & Fruit (Elem) Hotdog, Baked Beans, Chips & Fruit	27
28	29 Breakfast— French Toast Lunch— BBQ, Corn, Chips & Fruit	30 Breakfast— Biscuit & Gravy Lunch— Crispy Chicken Wrap, Mexican Rice, Refried Beans & Fruit	31 Breakfast— Muffin Lunch— Soup, Meat Sandwich & Fruit			