



OCTOBER 2017

Breakfast/Lunch Menu

1%, Skim & Choc. Skim Milk Served Daily (K-12) Salad Bar Served Daily (K-12)



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Breakfast — Bagel with Cream Cheese Lunch - Corndogs, Baked Beans, Mini Donuts & Fruit	3 Breakfast — Cheese Omelet Lunch - Crispy Chicken Wrap, Mexican Rice, Refried Beans, & Fruit	4 Breakfast — French Toast Lunch — BBQ, Chips, Corn & Fruit	5 Breakfast — Granola Cookie Lunch — Chicken Nuggets, Mashed Potatoes, Gravy & Fruit	6 Breakfast – Breakfast Pizza Lunch - Warrior Burger, French Fries & Fruit	7
8	9 Breakfast — Waffle Lunch — (H.S.) Pizza Boat, (Elem.) Bosco Stix, Marinara Sauce, Green Beans & Fruit	10 Breakfast — Tri Tators Lunch —Hard/Soft Shell Taco, Refried Beans, Mexican Rice & Fruit	11 Breakfast — Biscuit & Gravy Lunch —Spaghetti, Garlic Bread Stick, Peas & Fruit	12 Breakfast - Orange Smoothie Lunch - Pulled Pork, Coleslaw, Tri Tators & Fruit	13 Breakfast - Long John Lunch - Tator tot Hotdish, Creamed Corn, Bread & Fruit	14
15	16 Breakfast -- Yogurt Parfaits Lunch - Beef Stroganoff, Green Beans, Garlic Bread & Fruit	17 Breakfast — Scrambles Eggs Lunch — Chicken Fajitas, Mexican Rice, Refried Beans & Fruit	18 Breakfast — Muffin Lunch — Cheesy Broccoli or Chicken Noodle Soup, Ham & Cheese Croissant & Fruit	NO SCHOOL	NO SCHOOL	21
22	23 Breakfast — Apple Strudel Lunch — Pizza, Taco Salad, Sunchips & Fruit	24 Breakfast — Trix Yogurt Lunch —Walking Taco, Mexican Rice, Refried Beans & Fruit	25 Breakfast — Pancake/Sausage on a Stick Lunch — Chicken Alfredo, Breadstick, Peas & Fruit	26 Breakfast — Carmel Roll Lunch — H.S.) Meatballs, Potatoes/Gravy, Bread & Fruit (Elem.) Brunch for Lunch	27 Breakfast — Ham & Cheese Omelet Lunch — Chili with Cheese & Fritos, Bread & Fruit	28
29	30 Breakfast — Granola Cookie Lunch — Corndogs, Baked Beans, Mini Donuts & Fruit	31 Breakfast — Muffin Lunch — Crispy Chicken Wrap, Mexican Rice, Refried Beans & Fruit				